

☺ GUIDE TO MEETING CODES ☺	
B=BEGINNER MEETING	O=OPEN/ALL WELCOME
BK = BOOK STUDY	RF = ROTATING FORMAT
C=CLOSED/ADDICTS ONLY	RR = ROUND ROBIN
CL=CANDLELIGHT	SL=ASL INTERPRETER
CW=CHILDREN WELCOME	SP = SPEAKER MEETING
D=DISCUSSION (PARTICIPATION)	ST = STEP STUDY MEETING
IP=INFORMATIONAL PAMPHLET STUDY	T=TOPIC MEETING
JT=JUST FOR TODAY	TR = TRADITION STUDY
LC=LIVING CLEAN	W=WOMEN'S MEETING
M=MEN'S MEETING	WC=WHEELCHAIR ACCESS
NS=NON-SMOKING	YP=YOUNG PEOPLE'S MEETING
☺ NEW MEETING	◆ 1 HOUR MEETING
☺ CHANGED MTG	⌘ OVER 1 HOUR MTG
PARA LAS JUNTAS EN ESPAÑOL	
(888) - NA AHORA ♦ 1-888-622-4672	

SUNDAY

- 9:00 AM** NORTHDRIDGE O/D/NS/WC/⌘ FREEWHEELERS GRATITUDE. NORTHDRIDGE HOSPITAL, 18300 ROSCOE BLVD., BASEMENT EDUCATION.
- 10:00 AM** NORTH HOLLYWOOD O/D/WC/⌘ GRATITUDE MEETING. SPIRIT OF STUDIO 12, 6006 LAUREL CANYON BLVD. (AT OXNARD, NEAR THE 7-11)
- 10:30 AM** CANOGA PARK O/SP/CW/WC/⌘ ATTITUDE OF GRATITUDE. HOLE IN THE SKY, 21044 SHERMAN WAY – WAFFLE BREAKFAST EACH LAST SUNDAY
- 12:15 PM** NORTH HOLLYWOOD O/JT/RR/WC/◆ KEEP IT SIMPLE. UNIT A MEETING HALL, 10641 BURBANK BLVD. (1 BLK W OF CAHUENGA AVE.)
- 7:00 PM** NORTHDRIDGE O/D/WC/⌘ WE CAME TO BELIEVE. CHURCH, 9650 RESEDA BLVD. (AT SUPERIOR) – FIRESIDE RM – LAST SUNDAY OF THE MONTH: POTLUCK 6PM, SPEAKER 7PM
- 7:00 PM** TUJUNGA O/D/TO/WC/◆ JUST IN TIME. 9901 TUJUNGA CYN BLVD. – END OF HORSESHOE PARKING LOT – YOUTH RM
- 7:00 PM** VAN NUYS O/BK/ST/WC/⌘ STEP INTO THE SOLUTION BOOK STUDY. ST. MARK'S CHURCH, 14646 SHERMAN WAY, NURSERY ROOM – POTLUCK LAST SUNDAY OF THE MONTH
- 7:15 PM** VAN NUYS C/D/SP/WC/◆ SUNDAY SOLUTIONS. RADFORD HALL, 13627 ½ VICTORY BLVD.
- 7:30 PM** GLENDALE O/SP/NS/WC/⌘, THE SPIRIT OF ST. JOE'S. 1735 HALE STREET – POTLUCK LAST SUNDAY OF THE MONTH

MONDAY

- 12 NOON** BURBANK O/D/WC/◆ PASS INTO RECOVERY. SPIRITWORKS, 260 N PASS AVE., DOWNSTAIRS
- 12 NOON** NORTHDRIDGE O/D/WC/◆ NEW LIFE NOON. 10650 RESEDA BLVD. (AT CHATSWORTH ST.)
- 3:00 PM** NORTH HOLLYWOOD O/B/D/WC/◆ NEW CONNECTIONS. SOS 12, 6006 LAUREL CANYON BLVD. AT OXNARD
- 6:00 PM** NORTH HOLLYWOOD O/D/WC/◆ WE DO RECOVER GROUP. SOS 12, 6006 LAUREL CANYON BLVD. AT OXNARD
- 7:00 PM** SUNLAND O/BK/D/IP/WC/◆ HOPE ON THE HILL. 8640 FENWICK ST. SUNLAND PARK & SR. CTR.
- 7:30 PM** NORTH HOLLYWOOD O/D/NS/WC/◆ ARCHWOOD MONDAY. VALLEY PLAZA PARK CHILDCARE CTR, 6451 ST. CLAIR AVE.
- 8:00 PM** GLENDALE ARMENIAN SPEAKER MEETING. O/⌘ 1735 HALE ST (SAN FERNANDO & WESTERN)
- 8:00 PM** GRANADA HILLS O/SP/D/WC/⌘, HEALING BY THE HILLS. 16651 RINALDI ST., ST. ANDREW'S CHURCH
- 8:00 PM** TARZANA O/SP/D/WC/◆ UNITY IN RECOVERY. TARZANA TC 18646 OXNARD ST. (UNMONITORED SECURITY CAMERAS PRESENT IN CAFETERIA)

TUESDAY

- 12:15 PM** NORTH HOLLYWOOD O/D/WC/◆ GROOVY TUESDAY. UNIT A MEETING HALL, 10641 BURBANK BLVD. (1 BLK W OF CAHUENGA AVE.)
- 3:00 PM** NORTH HOLLYWOOD O/B/D/WC/◆ NEW CONNECTIONS. SOS 12, 6006 LAUREL CANYON BLVD. AT OXNARD
- 6:00 PM** PASADENA O/D/WC/SL/◆ OUT OF THE SILENCE. 1401 NORTH LAKE AVE. (ASL SIGN LANGUAGE INTERPRETER FOR THE HEARING-IMPAIRED)
- 7:00 PM** NORTH HOLLYWOOD C/LO-LIGHT/RF/◆ LOST AND FOUND. 11210 OTSEGO ST.
- 7:00 PM** NORTH HOLLYWOOD O/D/WC/◆ TUESDAY NIGHT SOLUTIONS. MC CHURCH, 5730 CAHUENGA BLVD.
- 7:00 PM** SAN FERNANDO O/W/D/WC/◆ OUR JOURNEY CONTINUES. MISSION CITY CHURCH, 777 NORTH MACLAY AVENUE
- 7:00 PM** SHERMAN OAKS O/W/D/◆ JUST STAY WOMEN'S MEETING. UM CHURCH, 14401 DICKENS ST (AT BEVERLY GLEN BLVD. - DOWNSTAIRS ROOM.)
- 7:30 PM** TUJUNGA O/D/TO/CW/WC/◆ JUST FOR TODAY. 9901 TUJUNGA CYN BLVD. – UM CHURCH – END OF HORSESHOE PARKING LOT – YOUTH RM, CHILDREN WELCOME
- 7:45 PM** NORTHDRIDGE O/D/WC/⌘ BASIC TRAINING. DEVONSHIRE HOUSE, NORTHDRIDGE PARK 18300 LEMARSH ST.
- 8:00 PM** NORTH HOLLYWOOD C/ST/⌘ TUESDAY STEP STUDY. (SMOKING SECTION) 8330 LANKERSHIM (AT TUXFORD ST.)

- 8:15 PM** PACOIMA O/D/ST/TR/WC/◆ STEP & TRADITION STUDY. PACOIMA COMMUNITY CTR, 11243 GLENOAKS BLVD.
- 8:30 PM** GLENDALE ARMENIAN SPEAKING. C/ST/RF/⌘, 335 MISSION ROAD

WEDNESDAY

- 12 NOON** BURBANK O/D/JT/WC/◆ GOT A CLUE. SPIRITWORKS, 260 N PASS AVE., DOWNSTAIRS
- 12:15 PM** NORTH HOLLYWOOD O/SP/D/WC/◆ SOS12 HIGH NOON GROUP. 6006 LAUREL CANYON BLVD. (AT OXNARD, NEAR THE 7-11)
- 3:00 PM** NORTH HOLLYWOOD O/B/D/WC/◆ NEW CONNECTIONS. SOS 12, 6006 LAUREL CANYON BLVD. AT OXNARD
- 6:15 PM** SHERMAN OAKS O/BK/WC/◆ WEDNESDAY NIGHT WISDOM. SHERMAN OAKS EAST VALLEY ADULT CENTER. 5056 VAN NUYS BLVD. ROOM 130, EAST SIDE OF BUILDING
- 7:00 PM** NORTH HOLLYWOOD O/JT/WC/◆ RUSSIAN SPEAKING NA. MC CHURCH, 5730 CAHUENGA BLVD.
- 7:00 PM** PANORAMA CITY O/BK/LC/⌘ SAN FERNANDO VALLEY BOOK STUDY ("LIVING CLEAN"). 14518 ARMINTA ST., CLUBHOUSE (AT VAN NUYS BLVD.)
- 7:00 PM** VAN NUYS O/W/CL/D/TO/CW/WC/⌘ WAR - WOMEN AND RECOVERY GROUP. ST. MARK'S CHURCH, 14646 SHERMAN WAY, ROOM 9, WEST SIDE OF BUILDING, PARKING IN WEST LOT
- 7:30 PM** GRANADA HILLS O/CL/D/TO/NS/WC/⌘ NA KNOLLWOOD TOPIC DISCUSSION. UM CHURCH, 12121 BALBOA BLVD.
- 7:30 PM** NORTH HOLLYWOOD O/SP/WC/⌘ WEDNESDAY SPEAKER MEETING. NO. HOLLYWOOD PARK SENIOR CTR, 11430 CHANDLER BLVD. (AT TUJUNGA AVE.)
- 7:30 PM** SUNLAND O/TO/WC/◆ RECOVERY ON THE ROCK. 8640 FENWICK ST., SUNLAND PARK & SENIOR CTR.
- 7:30 PM** SYLMAR O/SP/D/WC/◆ GIVIN' IT BACK GROUP. RECOVERY HOUSE, 13770 SAYRE STREET
- 8:00 PM** SHERMAN OAKS O/SP/D/◆ FARSI SPEAKER - PARTICIPATION. UM CHURCH, 14401 DICKENS ST.
- 8:15 PM** PACOIMA O/SP/WC/◆ SPEAKER MEETING. PACOIMA COMMUNITY CTR., 11243 GLENOAKS BLVD.

THURSDAY

- 12:15 PM** NORTH HOLLYWOOD O/D/WC/◆ "HI NOON" – VICTORIO'S RESTORANTE. 10901 VICTORY BLVD. (BACK ROOM)
- 3:00 PM** NORTH HOLLYWOOD O/B/D/WC/◆ NEW CONNECTIONS. SOS 12, 6006 LAUREL CANYON BLVD. AT OXNARD

- 7:00 PM** VAN NUYS O/SP/D/WC/◆ CLEAN 'N' CRAZY. 1ST METHODIST CHURCH, 6260 TYRONE AVE. (AT SYLVAN), SPEAKER EACH LAST THURSDAY
- 7:30 PM** NORTH HOLLYWOOD O/D/NS/WC/◆ EARLY BIRD GROUP. VALLEY PLAZA PARK CHILDCARE CTR, 6451 ST. CLAIR AVE.
- 7:45 PM** NORTHDRIDGE O/D/WC/⌘ RECOVERY IN THE PARK. DEVONSHIRE HOUSE, NORTHDRIDGE PARK 18300 LEMARSH ST.
- 8:00 PM** CANOGA PARK O/SP/⌘ LAMPLIGHT MEETING. HOLE IN THE SKY, 21044 SHERMAN WAY
- 8:00 PM** NORTH HOLLYWOOD O/D/RF/WC/◆ "UNIT NA" UNIT A MEETING HALL, 10641 BURBANK BLVD. (1 BLK W OF CAHUENGA AVE.)
- 8:00 PM** SAN FERNANDO O/D/⌘ RECOVERY IN THE BARRIO. 1ST UNITED METHODIST CHURCH 1525 GLENOAKS BLVD. (AT HARDING ST.) POTLUCK & SPEAKER EACH LAST THURSDAY
- 8:00 PM** TARZANA O/SP/WC/◆ SPEAKER MEETING. TARZANA TC 18646 OXNARD ST. (UNMONITORED SECURITY CAMERAS PRESENT IN CAFETERIA)
- 8:30 PM** GLENDALE C/SP/D/⌘ ARMENIAN-SPEAKING MEETING. 1735 HALE STREET

FRIDAY

- 12 NOON** BURBANK O/D/WC/◆ MONKEY KILLERS. SPIRITWORKS, 260 N PASS AVE., DOWNSTAIRS
- 3:00 PM** NORTH HOLLYWOOD O/B/D/WC/◆ NEW CONNECTIONS. SOS 12, 6006 LAUREL CANYON BLVD. AT OXNARD.
- 7:00 PM** SUNLAND O/BK/D/WC/◆ NEVER ALONE GROUP. 8640 FENWICK ST., SUNLAND PARK & SR. CTR.
- 7:00 PM** TUJUNGA C/W/RF/WC/⌘ FRIDAY NIGHT LADIES NIGHT. COMMUNITY CHURCH, 10193 TUJUNGA CANYON BLVD., IN THE COFFEE HOUSE.
- 7:15 PM** NORTH HOLLYWOOD O/SP/D/WC/◆ ALL IN AN HOUR. NO. HOLLYWOOD PARK SENIOR CTR, 11430 CHANDLER BLVD. (AT TUJUNGA AVE.)
- 7:30 PM** NORTHDRIDGE O/M/D/⌘ MEN'S MEETING. PRINCE OF PEACE CHURCH, 9440 BALBOA BLVD. (SOUTH OF PLUMMER ST)
- 7:30 PM** SYLMAR O/SP/D/WC/⌘ FRIDAY NIGHT LIVE. RECOVERY HOUSE, 13770 SAYRE STREET, KIDS WELCOME, FREE BBQ 6PM
- 7:30 PM** VAN NUYS O/CL/D/TO/CW/◆ SHARE AND CARE. KIDS WELCOME, ST. MARK'S CHURCH, 14646 SHERMAN WAY, ROOM 9, WEST SIDE OF BUILDING, PARKING IN WEST LOT
- 8:00 PM** NORTH HOLLYWOOD O/SP/D/⌘ WARRIORS. CHANDLER LODGE, 11455 CHANDLER BLVD.
- 8:15 PM** PACOIMA CANDLELIGHT. O/CL/D/WC/◆ PACOIMA COMMUNITY CTR., 11243 GLENOAKS BLVD. (NEAR VAN NUYS BLVD.)
- 10:00 PM** VAN NUYS O/SP/D/⌘ HUNGRY FOR RECOVERY. DENNY'S RESTAURANT, 16575 SHERMAN WAY (AT HAYVENHURST AVE.)

SATURDAY

- 7:45 AM** NORTH HOLLYWOOD O/D/WC/☞ PROGRESSIVE JACKPOT. SPIRIT OF STUDIO 12, 6006 LAUREL CANYON BLVD. (AT OXNARD, NEAR THE 7-11)
- 12:00 PM** NORTH HOLLYWOOD O/BK/LC/WC/☞ LIVING CLEAN BOOK STUDY. SPIRIT OF STUDIO 12, 6006 LAUREL CANYON BLVD. (AT OXNARD, NEAR THE 7-11).
- 12:15 PM** VAN NUYS O/D/WC/☞ AIN'T MISBEHAVIN'. 1ST METHODIST CHURCH, 6260 TYRONE AVE. (AT SYLVAN)
- 3:00 PM** NORTH HOLLYWOOD O/D/WC/◆ SPIRIT OF NA. SPIRIT OF STUDIO 12, 6006 LAUREL CANYON BLVD. (AT OXNARD, NEAR THE 7-11)
- 6:00 PM** VAN NUYS O/SP/D/WC/☞ PARADISE MEETING. ST. MARK'S CHURCH, 14646 SHERMAN WAY, RM 8
- 8:00 PM** NORTH HOLLYWOOD O/SP/D/☞ ALWAYS AN OPTION. CHANDLER LODGE, 11455 CHANDLER BLVD.
- 8:00 PM** SYLMAR O/D/WC/☞ OLIVE VIEW GROUP. OLIVE VIEW MED CTR, 14445 OLIVE VIEW DRIVE (CAFETERIA) – LAST SATURDAY OF THE MONTH: POTLUCK AND SPEAKER 7PM.
- 9:45 PM** MISSION HILLS O/RF/WC/☞ THE MISFITS OF RECOVERY. RECUPERATIVE CARE CENTER, 11134 SEPULVEDA BLVD – ENTRANCE IN BACK.
- 10:00 PM** TUJUNGA O/CL/SP/WC/◆ TUJUNGA CANDLELITE. 9901 TUJUNGA CANYON BLVD. – YOUTH RM., END OF HORSESHOE PARKING LOT – LAST SATURDAY OF THE MONTH: PAJAMA PARTY!
- 2ND SAT**
8:45 AM LOCATION CHANGES MONTHLY O/D/☞ WILD RECOVERY SoCAL ROVING HIKING MEETING. (6-10 MILE HIKE, PLAN ACCORDINGLY.) PLEASE SEE WEBSITE AND NASFV WEB ACTIVITIES CALENDAR FOR MORE INFORMATION. MEETS SECOND SATURDAY OF THE MONTH ONLY!

San Fernando Valley Area of NA

For more details about NA Activities,
Events and Meetings,
Check the SFV NA Website:
www.nasfv.com

SFV AREA SERVICE COMMITTEE

SFV ASC meets at 2:00 pm on the 2nd Sunday of each month at UM Church, 9901 Tujunga Canyon Blvd, Tujunga CA 91042.

ASC PHONE NUMBERS: DIAL THE NASFV HELPLINE AT (818) 997-3822, THEN ENTER THE EXTENSION #.

ASC Chair Tomas M: (818) 997-3822 Ext. #802, *Email:* Contact Us.

Activities Committee Chair Stephannie M: (818) 997-3822 Ext. #803. Meets 3rd Sunday 5:00 pm UM Church Rm 7, Lindley at Saticoy, Reseda, CA 91335. *Email:* Contact Us.

Convention Committee Chair Mariann R: (818) 997-3822 Ext. #804. Meets 1st Friday 7:00 pm CRI-Help, 11027 Burbank Blvd., NoHo 91601. *Email:* Contact Us.

Hospitals & Institutions Committee Chair Felipe C: (818) 997-3822 Ext. #805. Meets 1st Monday 7:30 pm, Valley Plaza Park Day Care Center, 6451 St Clair Ave, NoHo, CA 91606 – Enter through rear building entrance. *Email:* Contact Us.

Literature Distribution Committee Chair Kelly T: (818) 997-3822 Ext. #806. *Email:* Contact Us.

Meeting Directory Coordinator: *Email:* Contact Us.

NA Freedom Behind the Walls Committee Chair Scott S: (818) 997-3822 Ext. #807. Meets 1st Thursday 7:00 pm. Contact us for meeting info. *Email:* Contact Us.

Never Alone Newsletter Chair Dale L: (818) 997-3822 Ext. #808. Meets 3rd Thursday 5:00 pm. Contact us for meeting location. *Email:* Contact Us.

Phonelines Committee Chair Mike M: (818) 997-3822 Ext. #809. Meets 1st Sunday 11:00 am, 13430 Oxnard St, Valley Glen, CA 91401. *Email:* Contact Us.

Public Information Committee Chair Denise T: (818) 997-3822 Ext. #810. Meets 1st Sunday. Contact us for time and meeting location. *Email:* Contact Us.

Website Committee Chair Beau M: (818) 997-3822 Ext. #813. Meets 1st Sunday 12:15 pm in Sunland. Contact us for meeting location. *Email:* Contact Us.

SO. CALIFORNIA HELPLINES

Area Code	Area/City	Phone Number
	Spanish-Speaking Helpline Grupos en Español	888-622-4672 888-NA-AHORA
310	West LA/Santa Monica (Westside) Redondo/Hermosa Bch (Bay Cities)	390-0279 372-9666
323	East Los Angeles (GELA) Hollywood (GH) Los Angeles (GLA)	721-5504 850-1624 933-5395
562	Whittier (Eastern Counties)	698-4604
619	San Diego/Imperial	584-1007 800-479-0062
626	Pasadena (SGV) SoCal Regional Service Office Glendora/Covina (Northern Counties)	584-6910 359-0084 541-9900
661	Bakersfield/Kern Co. Lancaster/Palmdale (SAV) Newhall/Saugus (Santa Clarita)	877-629-6759 266-2200 800-338-2155
714	Anaheim/Santa Ana (OC)	590-2388
760	Barstow (Desert Empire) Palm Desert (Lower Desert)	255-2045 346-5800 800-834-9303 446-4445
805	Ridgecrest (Eastern Sierra) San Luis Obispo (Central Coast)	549-7730 800-549-7730 569-1288
	Santa Barbara Simi Valley, Moorpark (County Line) Ventura/Oxnard (Gold Coast)	888-672-9318 888-817-7425
818	San Fernando Valley Northridge, W.SFV (West End)	997-3822 787-9706
909	Ontario (Inland Empire West) Redlands/Yucaipa (IE Foothills) Riverside/S Berdo/Corona (EIE)	622-4274 795-0464 370-3568 800-397-2333 584-7115
949	Big Bear/Running Springs	
951	San Juan Capistrano (So. Coast) Hemet (South West)	800-333-3610 652-5326

"When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: Either go on as best we can to the bitter ends – jails, institutions or death – or find a new way to live. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual – not religious program, known as Narcotics Anonymous."

© Reprinted from Chapter 8, NA Basic Text, [We Do Recover](#), Page 84

PHONE NUMBERS

The only way we keep what we have is by giving it away...



Area of Narcotics Anonymous®

"Where it all began"

MEETING DIRECTORY MARCH-APRIL 2019

SFV AREA SERVICE COMMITTEE
PO Box 4143, PANORAMA CITY, CA 91412

- ❖ **SAN FERNANDO VALLEY AREA:**
HELPLINE: (818) 997-3822 (24 HOURS)
WEBSITE: WWW.NASFV.COM
- ❖ **SOUTHERN CALIFORNIA REGION:**
HELPLINE: (800) TODAYNA ♦ 800-863-2962
SoCAL SPANISH-SPEAKING HELPLINE:
(888) NA-AHORA ♦ (888) 622-4672
RSO: 1937 S. MYRTLE AVE, MONROVIA, CA
626-359-0084 ♦ WWW.TODAYNA.ORG
- ❖ **NA WORLD SERVICES (NAWS):**
19737 NORDHOFF PLACE, CHATSWORTH CA
(818) 773-9999 ♦ WWW.NA.ORG

Narcotics Anonymous: A Resource in Your Community

NA's primary approach to recovery is its belief in the therapeutic value of one addict helping another. Members take part in NA meetings by talking about their experiences and recovery from drug addiction. NA meetings are informally structured, held in space rented by the group, and are led by members who take turns opening and closing the meeting. NA meetings and other services are funded entirely from donations by addict members and the sale of recovery literature. Financial contributions from non-members are not accepted.

Most NA meetings are held regularly at the same time and place each week, usually in a public facility. There are two basic types of meetings, those which are open to the general public and those closed to the public (for addicts only). Meetings vary widely in format. Some formats are: participation, speaker, question and answer, topic discussion, and some have a combination of these formats. The function of any meeting is always the same: to provide a suitable and reliable environment for personal recovery.

NA Fellowship-approved literature, Copyright © 1991, 1993 by
Narcotics Anonymous World Services, Inc., All rights reserved